



DOSING BOOKLET

A guide to help you and your loved one manage treatment with VYKAT™ XR



IMPORTANT SAFETY INFORMATION

What is VYKAT XR used for?

VYKAT XR is a prescription medicine used to treat extreme hunger, constant thoughts about food, and constant urge to eat that cannot be satisfied with food (hyperphagia) in adults and children 4 years of age and older with Prader-Willi syndrome (PWS).

What is the most important information I should know about VYKAT XR?

VYKAT XR may cause serious side effects, including:

- **High blood sugar levels (hyperglycemia).** Hyperglycemia is common during treatment with VYKAT XR and can also be severe. Hyperglycemia can lead to a condition called diabetic ketoacidosis (increased ketones in the blood) in some people who take VYKAT XR. Diabetic ketoacidosis is a serious condition that needs to be treated in a hospital and can be life-threatening.

Please see Important Safety Information throughout and full [Prescribing Information](#), including [Medication Guide](#), for VYKAT XR.


vykat XR
(diazoxide choline) extended-release tablets

How dosing works with VYKAT XR

Collectively—you, your loved one, and your doctor have made the important decision to add VYKAT XR to your current treatment plan because it has been shown to help lessen hyperphagia in individuals living with Prader-Willi syndrome (PWS).

Everyone is different, and your doctor understands that. They'll work with you to find the right dose for you or your loved one.

- **There are different dosages and combinations of tablets that each person may need to take**

The doctor will prescribe the dosage that's right for each person

- **Your doctor may slowly increase your dose until your maintenance dose is reached**

This process is called titration

- After the maintenance dose is reached, you or your loved one will **remain on this dose** until the doctor says otherwise

**VYKAT XR tablets are available
in the following strengths:**



25 mg



75 mg



150 mg



Your VYKAT XR prescription will be delivered to your home in amber-colored bottles during the titration period.



Upon reaching your maintenance dose, your prescription will be delivered to your home in white-colored bottles.

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Getting the most from VYKAT XR

To help you achieve the most out of your treatment with VYKAT XR:



You should take VYKAT XR **exactly as prescribed** by your doctor.



Take VYKAT XR every day to help make it a routine.



You and your doctor are a team. **Tell them about any changes you notice during treatment.**

VYKAT XR tablets are sensitive to moisture. Keep the moisture-absorbing packet in the bottle and DO NOT transfer to a personal pill case.

Do not eat the moisture-absorbing packet that came in your VYKAT XR bottle.

IMPORTANT SAFETY INFORMATION (CONT'D)

VYKAT XR may cause serious side effects, including high blood sugar levels (hyperglycemia) (cont'd):

- Your healthcare provider will:
 - check your blood sugar levels before you start VYKAT XR, during treatment and more often during treatment if you have an increased chance of getting hyperglycemia.
 - check your HbA1c before and during treatment.

Please see Important Safety Information throughout and full **Prescribing Information**, including **Medication Guide**, for VYKAT XR.

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Helpful tips and reminders for taking VYKAT XR



As the dosing of VYKAT XR may change, **write down any changes to your dose to stay up to date.**



Put a sticky note some place you will see it daily like on your fridge or bathroom mirror.



Consider taking VYKAT XR with an activity you do every day. Some examples could be during a meal, when brushing your teeth, or something else that you do every day of the week.



Record each dose in a calendar or use the provided Medication Tracker to stay on track with VYKAT XR.



Set a daily alarm on your phone to help you remember your medication on busy days.



Download a medication reminder app on your phone to get alerts.



Scan to sign up for the latest updates and resources from VYKAT XR or visit VYKATXR.com

IMPORTANT SAFETY INFORMATION (CONT'D)

VYKAT XR may cause serious side effects, including high blood sugar levels (hyperglycemia) (cont'd):

- If you get hyperglycemia during treatment with VYKAT XR, your healthcare provider may give you medicines to treat hyperglycemia, change your dose if you already take hyperglycemia medications, or your doctor may change your dose of, temporarily stop, or permanently stop VYKAT XR.

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IMPORTANT SAFETY INFORMATION (CONT'D)

VYKAT XR may cause serious side effects, including high blood sugar levels (hyperglycemia) (cont'd):

Tell your healthcare provider if you get any of the following signs and symptoms:

- **hyperglycemia:** feel very thirsty, need to urinate more often than usual, have higher amounts of urine than usual, feel more hungry than usual, or weight loss
- **diabetic ketoacidosis:** nausea, vomiting, stomach-area (abdominal) pain, feel weak or very tired or trouble breathing
- **Too much fluid in your body or swelling (fluid overload).** Swelling in the body from too much fluid is common during treatment with VYKAT XR and can also be severe. Your healthcare provider may decrease your dose or temporarily stop VYKAT XR if you get fluid overload. Tell your healthcare provider if you have trouble breathing or get any other signs or symptoms of fluid overload such as swelling of your legs, ankles, or feet, or unusual swelling anywhere in your body.

Who should NOT take VYKAT XR?

Do not take VYKAT XR if you are allergic to diazoxide, any ingredients in VYKAT XR or medicines called thiazides.

Before taking VYKAT XR, tell your healthcare provider about all of your medical conditions, including if you:

- have diabetes or prediabetes
- are sick
- plan to have surgery
- drink alcohol very often
- are dehydrated or have lost a lot of body fluid
- have heart problems or a history of swelling in your legs or other parts of your body that required medicine
- have liver or kidney problems
- are pregnant or plan to become pregnant. VYKAT XR may harm your unborn baby. Tell your healthcare provider right away if you become pregnant during treatment with VYKAT XR
- are breastfeeding or plan to breastfeed. VYKAT XR passes into your breast milk, and it is not known if it can harm your baby. Tell your healthcare provider if you plan to breastfeed during treatment with VYKAT XR

Tell your healthcare provider about all of the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Taking VYKAT XR with certain other medicines may affect the way VYKAT XR or the other medicine works and may increase your risk of side effects.

Do not change your dose or stop any medicines you take, or start any new medicines, without talking to your healthcare provider first during treatment with VYKAT XR.

What are the possible side effects of VYKAT XR?

Increased hair growth all over the body, fluid overload or swelling, high blood sugar levels, and rash.

These are NOT all of the possible side effects of VYKAT XR.

Call your doctor for medical advice about side effects. You may report side effects to the FDA at 1-800-FDA-1088 or www.fda.gov/medwatch.

For further information please read the Medication Guide and full Prescribing Information for VYKAT XR.

Please see Important Safety Information throughout and full **Prescribing Information**, including **Medication Guide**, for VYKAT XR.


v y k a t™ **x r**
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At the center of your support



After you have been prescribed VYKAT XR, one-on-one support is just a phone call away if you have insurance questions, are moving, or need information or reminders about refills. Soleno One™ brings together expertise, education, and resources to streamline starting and staying on VYKAT XR.

**We're here to help Monday through Friday 8 AM–8 PM ET.
Call 1-833-SOLENO1 (1-833-765-3661).**

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